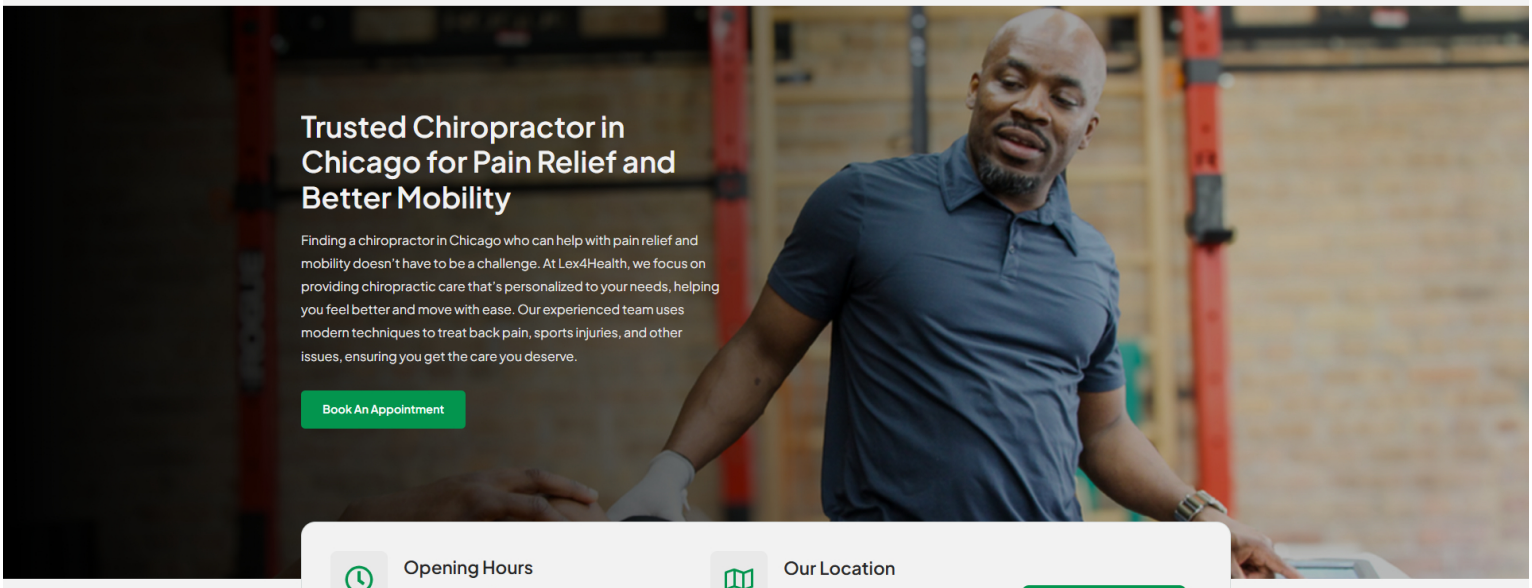


Trusted Chiropractor in Chicago for Pain Relief and Better Mobility

Finding a chiropractor in Chicago who can help with pain relief and mobility doesn't have to be a challenge. At Lex4Health, we focus on providing chiropractic care that's personalized to your needs, helping you feel better and move with ease. Our experienced team uses modern techniques to treat back pain, sports injuries, and other issues, ensuring you get the care you deserve.

Book An Appointment

Opening Hours

Mon: 9am-6pm | **Tue:** 9am-6pm
Thurs: 9am-6pm | **Fri:** 9am-1pm
Sat: By Appointment Only

Our Location

434 W Ontario St #310,
Chicago, IL 60654

Book An Appointment

ABOUT US

Comprehensive Chiropractic in Chicago Designed for Your Long Term Wellness

At Lex4Health, we take a holistic approach to chiropractic care that prioritizes your long-term health. Our team works with you to address the root causes of pain, whether it's spinal issues or musculoskeletal discomfort.
From spinal adjustments and physical therapy to massage therapy, our treatments are designed to help you recover faster and stay active. Our chiropractic clinic in Chicago offers personalized plans to support your wellness, promoting a pain-free life and overall well-being.

Our Mission

To provide quality chiropractic in Chicago through advanced techniques and modern chiropractic equipment, helping patients recover faster, move better, and live active, pain-free lives.

Our Vision

To set the benchmark for chiropractic excellence in Chicago by offering results-driven, patient-centered treatment guided by the principles of chiropractic wellness care.

About Us

Call Us Anytime
+1 (312) 405-4197

OUR SERVICES

Move Freely, Live Fully with Our Care

Chiropractic Care

Neufit Method

Advance Diagnostic Imaging

Chiropractic care at Lex4Health is delivered in a professional clinical setting, where each session is customized for comfort, safety, and effective results. Every adjustment supports spinal alignment and overall wellness goals.

Learn More

Designed to retrain the body's electrical and muscular systems, NeuFit helps restore balance, build strength, and optimize performance with targeted stimulation.

Learn More

A non-invasive way to visualize muscles, tendons, and joints in real-time, helping identify the source of pain or dysfunction with pinpoint accuracy.

Learn More

Pinpoint the Pain. Reclaim the Movement.

Shoulder and Neck Pain

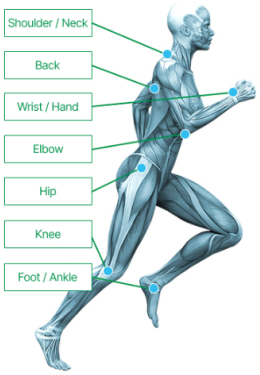
Relieve tension and restore flexibility through targeted chiropractic adjustments and neuromuscular support.

Back Pain

Address the root cause of discomfort with personalized spinal decompression and physical therapy techniques.

Hand & Elbow Pain

Improve nerve communication and joint mobility through focused chiropractic medicine and soft tissue therapy.



Hip Pain

Rebuild motion and balance using specialized sports medicine strategies designed to support day-to-day activities.

Knee Pain

Enhance stability and strength with chiropractic wellness methods that reduce strain and improve recovery.

Foot and Ankle Pain

Re-educate muscles, improve posture, and strengthen movement patterns for lasting comfort and better performance.

HOW IT WORK

A Patient-Centered Approach for Effective, Long-Lasting Results

Step-1

Make an Appointment

Choose a convenient time to begin your path to pain relief.

Step-2

Initial consultation with Dr. Alexis

Discuss your concerns and goals in a one-on-one evaluation session.

Step-3

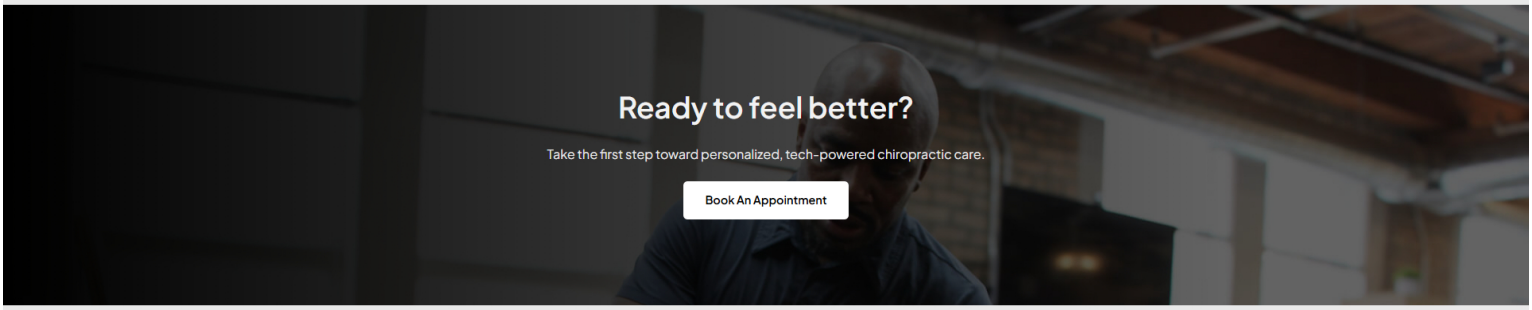
ROF

This is your opportunity to learn about your condition, ask questions, and collaborate with us on a tailored care plan designed just for you.

Step-4

Hands on Therapy

Start therapy with the latest tools and techniques designed to restore motion and reduce discomfort.



01

Personalized Treatment Plans

Through real-time feedback and advanced diagnostics, we customize each patient care plan to their unique needs and goals.

OUR FEATURES

Our Core Values: Guiding Principles of Quality Care

02 Experienced Professionals

Led by licensed chiropractor Dr. Alexis, each session is backed by deep expertise and precision-focused care.

03 Comprehensive Services

Complete support is available under one roof, from chiropractic care and neuromuscular re-education to advanced diagnostic imaging.

04 Holistic Approach to Healing

Beyond simply alleviating pain, our focus is on restoring full-body function and promoting long-term wellness.

Lex4Health

Meet the Team

Dedicated to Your Recovery

Each of our team member brings specialized expertise and a patient-centered approach to ensure you receive the highest level of care.

Dr. Jean Robinson Alexis
Chiropractic Physician

Ashley Alexis
Office Manager

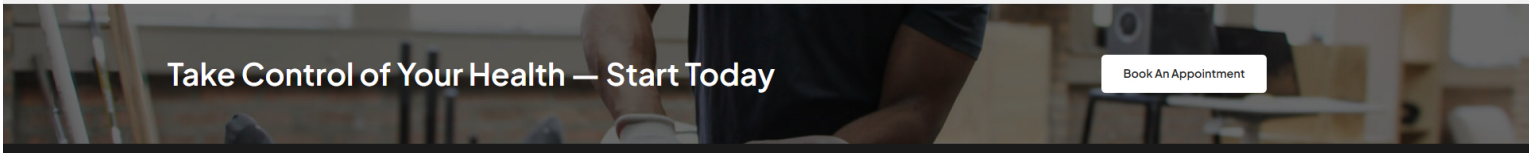
TESTIMONIAL

What Our Patients Are Saying

It has been a delight to work with and get to know Doctor Robinson. I have been a patient with different chiropractors for years prior and actually stopped because I felt that they weren't helping with my needs and I wasn't improving. After my first visit, I immediately recognized Doctor Robinson was different. Beyond the standard adjustment, Doctor Robinson actually listens to what's going on with you and your body. Instead of saying, "I need to see you 10 more times for improvement" he asks questions to really understand what's happening with you and your body. So in this case, it feels like a mutual discovery and shared path to healing and recovery. He utilizes a very delicate balance between listening and sharing—especially some anatomical and physiological components of the body that may not seem intuitive to non-medical professionals. He also offers guidance for exercises and continued practice between visits in order to help you continue on your recovery. But best of all, he is just a great guy with a great attitude. Always positive and optimistic—I'd recommend anyone to visit Dr. Robinson and begin on their journey to healing.

★★★★★

James V.



Your health, Our goal.

Lex4Health offers modern chiropractic care in Chicago, combining advanced technology with personalized therapy to support recovery, mobility, and lasting relief.

- About Us
- Contact Us
- Blog
- Pricing & Plans
- Chiropractic Care
- Neufit Method
- Advance Diagnostic Imaging

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